**REC TRUST – CHANGING ROOM GUIDELINES – PLEASE READ BEFORE USE**

The Government Guidelines recommend that changing rooms should remain closed. However the Board are mindful that this advice is formulated to cover the entire country and all sizes of venue. However we are not a large facility with extensive changing room demand and don’t readily fall within such recognised guidance. To a certain extent our operational usage is self limiting.

We must remain vigilant, in order to take care of each other and our staff working within the premises. The Pandemic remains prevalent and we should all be aware of the risks, which are well reported, along with the constant need to take care and for Social Distancing. Hence any use of the changing rooms is entirely at your own risk and no “Covid related” liability whatsoever will be accepted by the Recreational Trust. - IF YOU ARE IN ANY DOUBT – THEN PLEASE CHANGE AT HOME!!!

However we are now prepared to open up the changing rooms, on a controlled basis, subject to the above and with full window ventilation where possible, as follows:

Individual clubs to maintain records of usage for Track & Trace purposes. This can probably be done using attendance registers, team sheets and court booking data.

Hand sanitisation to be implemented before entering a changing room and on departure, using dispensers in the corridor or your own personal supply.

**Numbers to be limited thus:**

**Changing Room: 1 2 3 Squash**

**Max Room Capacity 6 6 4 4**

**Max in Shower Area 2 2 2 2**

Time spent in showers and changing rooms to be kept to a minimum and no more than 15 minutes.

Cleaning will take place on a daily basis, during early morning to allow overnight airing and aerosol settlement. Any further cleaning (say two matches on the same day) to be provided or arranged with the Rec Manager, by individual clubs.

Any cleaning is to be preceded by brief entry, in order to open all windows and doors. Cleaning is not to be carried out until a minimum one hour ventilation period has elapsed.

The facility will be monitored closely and amended or even withdrawn if necessary.

Thank you for your understanding, in these difficult times.

The Rec Trust Management Board